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# Change Your Habits, Change Your Life: Strategies That Transformed 177 Average People Into Self-Made Millionaires

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Tom Corley



## Synopsis

Change Your Habits, Change Your Life is the follow-up to Tom Corley's best-selling book Rich Habits. Thanks to his extensive research of the habits of self-made millionaires, Corley has identified the habits that helped transform ordinary individuals into self-made millionaires. Success no longer has to be a secret passed down among only the elite and the wealthy. No matter where you are in life, Change Your Habits, Change Your Life will meet you there, and guide you to success. In this book, you will learn about: Why we have habits Habits that create wealth or poverty, or keep you stuck in the middle class Habits that increase your IQ Habits that reduce disease and increase longevity Habits that eliminate depression and increase happiness Strategies to help you find your main purpose in life Tricks to help you fast track habit change

## Book Information

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## Customer Reviews

This book presents one method to become healthy, wealthy and wise. It explains the slow method of becoming rich by making progress and saving each year over an extended period of time. In this gem of a book, Tom Corley, a CPA, and CFA shares 26 rich habits among wealthy people that helped them become rich. Corley also reveals "poor" habits that prevent people from becoming wealthy. The idea behind the book is that if an average person switches from following poor habits to developing rich habits, s/he can become rich too [with an early enough start to allow compound interest to work its magic].

This book analyzed the habits of rich and poor people, and then the author summarized them. He lists the important habits and provides a plan to apply this knowledge. I normally don't read these type of books but I'm glad I read this one. It gives everyone a mirror to improve themselves. Plus, it is a quick read.

I love this book, I literally took a picture of it and sent a text to a few friends telling them to get it. Many people wrote that it was a life changing book. I'm so glad I picked it up. If you are planning a successful life you need to take steps that successful people take. There is a recipe for success.

It is one of the greatest book out there. It gets you to self evaluate your habits and think seriously inverting your bad habits.

Tom Corley has done extensive research for this book and he teaches how to change your habits. It helped me tremendously. Thank you

After reading this book you will understand habits better, identify the habits of wealthy people, and learn how to start incorporating those habits into your life

Save yourself a lot of time reading several other books - this book has lots of great advice and suggestions combined into one quick read. I bought several and distributed them to my younger friend in an effort to give them 'a leg up'.

This book along with "The Power of Habit" create a powerful tool box to use habits to move toward massive success.

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